



Week 1

September 2018

Mo	Tu	We	Th	Fri	Sat	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2018

M	Tu	W	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
HALF TERM						
29	30	31				

November 2018

M	Tu	W	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2018

M	Tu	W	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	CHRISTMAS HOLIDAYS					

Week 2

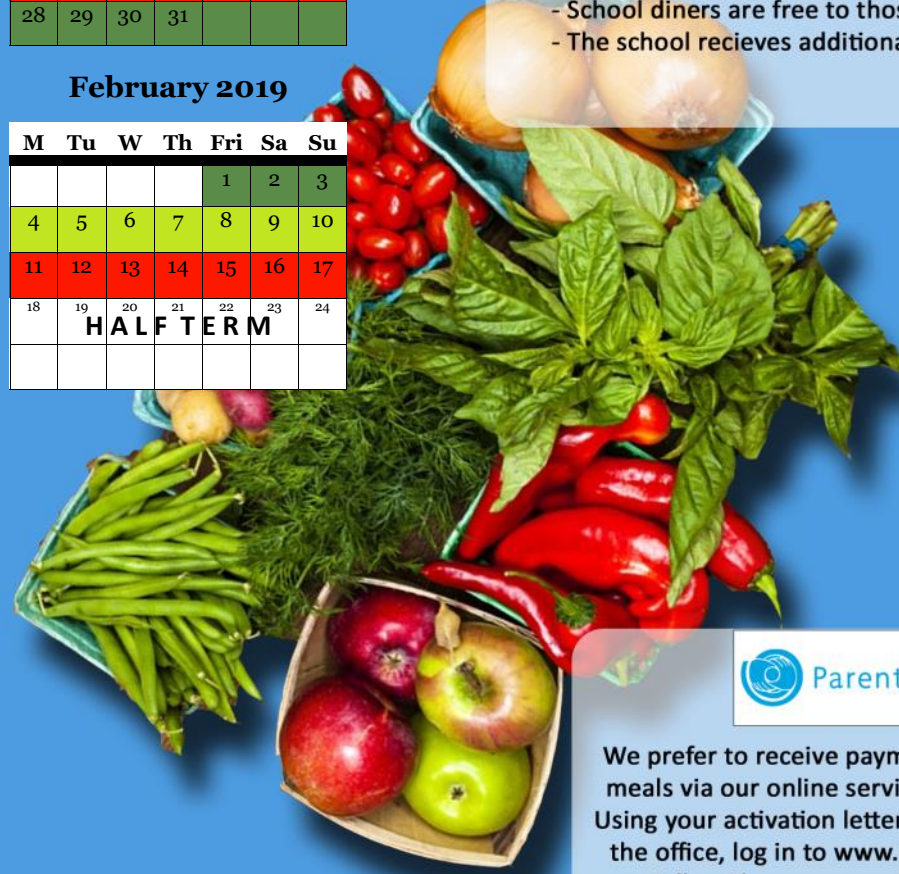
January 2019

M	Tu	W	Th	Fri	Sa	Su
HOLIDAYS						
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2019

M	Tu	W	Th	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
HALF TERM						

Week 3



### Why Choose a School Meal

- Our meals are made with high quality ingredients and provide choice and variety.
- A school meal provides excellent value for money and allows parents to save time and money.
- A healthy, balanced lunch aids concentration in afternoon lessons.
- School diners are free to those who are eligible.
- The school receives additional funding for every child claiming a free school meal.

### Food Allergies and Intolerances

All of our food is prepared in a kitchen where gluten and other allergies are present. Our Kitchen is a nut free environment  
Gluten free meals are prepared separately to other meals.  
Our menu does not include all ingredients.  
If you have a food allergy, please let us know before ordering.  
Any food allergies or intolerances should be made known to us, by either visiting the website or contacting the office for a referral form



We prefer to receive payments for school meals via our online service, Parent Pay. Using your activation letter, available from the office, log in to [www.parentpay.com](http://www.parentpay.com). Follow the on-screen instructions.



If your child is in Reception, Year 1 or Year 2 in September then they are entitled to free school meals. Please complete a form which is available from the office.



# Menu



## Week 1

3/9/18, 24/9/18, 15/10/18,  
12/11/18, 3/12/18, 7/1/19,  
28/1/19

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Pasta Carbonara Wholemeal pasta	Chicken casserole with boiled potatoes (G)	Pasty pie	Roast Turkey (G)	Fish fingers
<b>Option 2</b>	Quorn sausages (G)	Sweet potatoes and butter bean curry with rice (G)	Salmon and broccoli pasta bake (G)	Vegetable nuggets	Quorn hotdog or ham (G)
<b>Served with</b>	Mashed potatoes and mixed vegetables	Runner beans and carrots	Peas, carrots and boiled potatoes	Roast or boiled potatoes, cabbage and swede	Chips, peas and beans
<b>Dessert</b>	Syrup sponge and custard	Apricot and apple crunch	Banana cake and custard	Strawberry fruit jelly and Ice-cream	Chocolate cornflake cake and Chocolate sauce

## Week 2

10/9/18, 1/10/18, 29/10/18,  
19/11/18, 10/12/18, 14/1/19,  
4/2/19

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Pork sausages	Cheese and Tomato pizza and wedges	Pasta bolognese with wholemeal pasta	Roast Gammon (G)	Fish
<b>Option 2</b>	Vegetable and	Chicken korma curry with rice (G)	Quorn chicken risotto (G)	Vegetable cobbler	Quorn burger or ham (G)
<b>Served with</b>	Mashed potatoes, carrots and peas	sweetcorn	Mixed vegetables	Swede, cabbage, roast or boiled potatoes	Chipped potatoes, baked beans and peas
<b>Dessert</b>	Sticky toffee pudding	Crunchy peach crumble and custard	Chocolate shortbread and chocolate sauce	Raspberry ripple artichoke roll and fruit	Fruity flapjack and custard

## Week 3

17/9/18, 8/10/18, 5/11/18,  
26/11/18, 17/12/18,  
21/1/19, 11/2/19

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Meatballs in tomato sauce with wholemeal pasta	Pepperoni pizza	Shepherds pie	Roast chicken (G)	Fish fingers
<b>Option 2</b>	Quorn chicken stir fry (G)	Quorn cottage pie (G)	Sweet and sour vegetables with rice (G)	Cheese and onion quiche	Quorn sausage or ham (G)
<b>Served with</b>	Carrots and peas	Wedges, sweetcorn and coleslaw	Runner beans and carrots	Cabbage and swede	Chips, peas and baked beans
<b>Dessert</b>	Mixed fruit jam sponge and custard	Apple crumble and custard	Banana and raisin bake	Fruit Jelly and ice-cream	Chocolate brownie